

Travel immunisation

Immunisation is essential to protect yourself and your family when traveling to certain countries. We provide advice on required vaccinations and the length of time you should plan those vaccinations before you go away.

In general we ask patients to allow a minimum of three weeks before the departure date.

Where necessary we can provide 'rapid programmes' but not all vaccinations are immediately effective and in general we advise against this. An initial consultation is carried out and a certificate is provided showing the immunisations you have received.

Commonly Required Vaccinations

- Tetanus (mercury-free)
- Tetanus Diphtheria combined
- Polio (injection)
- Yellow Fever (registered centre)
- Hepatitis A
- Hepatitis A 'Junior' (for children under 1-15 years)
- Hepatitis B
- Hepatitis A and B combined (separate boosters are required)
- Typhoid
- Typhoid and Hepatitis A combined (separate boosters are required)

Rabies, Japanese B Encephalitis and others can be provided on request.

Those travelling to malarial countries should take appropriate medication to protect themselves.

We advise on, and supply, various medications to suit individuals. Other medication can be provided for emergency use abroad such as antibiotics, as well as travel packs containing basic medication, dressings, needles and syringes.

Occupational Health

Some occupations carry certain health hazards but there is no obligation on employers to provide appropriate vaccinations. Our clinic offers immunisation against Hepatitis B and other serious illnesses.

Patients benefit from an initial consultation and receive a certificate of vaccination. In addition to individual vaccinations, corporate programmes can be tailored to suit the needs of employers.

Influenza Vaccines

The influenza virus, as opposed to the common cold, is a serious illness that is likely to render the sufferer unable to work for several days with side effects lasting much longer.

Unless you fall into the segment of the population that is automatically entitled to a flu jab you are unlikely to be able to obtain immunisation from your GP or health clinic.

We operate a fast efficient vaccination programme that is available to individuals or to businesses who wish to offer this benefit to their employees.