

Cosmetic

Dr Parry works in private clinic in Brentwood with a nationally renowned cosmetic doctor. He also practices from his clinic in Colchester, providing facial relaxing injections, collagen fillers and other facial cosmetic procedures.

Dr Parry is happy to see patients and discuss their individual requirements. Information leaflets about various procedures are available, and can be sent to interested parties.

Please contact his secretary for further information. Or contact him by email on info@doctorparry.com

Facial relaxant injections

Facial relaxant injections have been used safely for many years in the treatment of facial spasms and muscular problems. More recently they have been used successfully in temporarily removing wrinkles associated with the ageing process. The injections work by freezing or relaxing the muscle as appropriate. Ideal areas for treatment are the eyebrows, eyes, mouth, neck and forehead because these areas contain muscles with little significant function. Most people who receive facial relaxant injections experience temporary mild discomfort such as swelling, but this usually subsides within 24-48 hours.

Results are usually very good with patients seeing the effect of injections anything from 1 to 21 days after treatment.

Occasionally, a repeat treatment may be necessary where there has been a particularly weak response. Patients can expect the effects to last between 3 and 6 months, and treatments are therefore usually repeated at 3 to 4 month intervals.

Restylane® Perlane & Sculptra Filler Injections

Restylane® and Perlane are gels that are injected into wrinkles to smooth the surface of the skin and fill the crease that the wrinkle has made, or to enhance the fullness of the lips. Made from non-animal hyaluronic acid, they have been proven to be safe and effective by numerous cosmetic clinics. Sculptra is injected into the skin to promote collagen production and reduce facial lines.

As with any cosmetic procedure, patients may experience some minor side effects after treatment. Initial localised swelling at the injection site is normal, and lip treatments sometimes result in a short term uneven appearance or more pronounced swelling, but these usually disappear within a week and lips become smooth and even again. Bruising, cold sores or acne may occur around the site of the injections but these are almost always temporary and usually clear within a couple of weeks of treatment.

In most cases the gel provides good results almost immediately and patients can expect the effects to last about 12 months. The natural substances within Restylane® gradually lose their effectiveness and we therefore recommend repeat treatments at yearly intervals.

Our clinic will be pleased to talk to you about the benefits and side-effects of these cosmetic treatments and discuss any concerns you may have.

Minor Surgery

Dr Parry has been carrying out minor surgical procedures since he first qualified as a Doctor, both in hospital and NHS general practice. He therefore has many years of experience in removing cysts, moles, skin tags and general "lumps and bumps". He is happy to see patients and discuss with them appropriate techniques for their individual needs.

Occasionally it will be necessary to send specimens for specialist microscopic examination, where this is necessary an extra charge will be need to be made.